



CAFE MENU

9AM -2PM TUES-FRI **PLUS OPEN DURING EVENING EVENTS!**

COFFEE

Crafted with Equal Exchange® beans

MAPLE RUSH\$6
Nitro cold brew • organic maple
half & half or oat milk

GREEN RUSH\$6
Nitro cold brew • organic maple
spirulina • half & half or oat milk

PROTEIN PACK\$6
Nitro cold brew • PB2 • Vanilla protein
Half • Half or oat milk

NITRO COLD BREW (reg or decaf)
12 oz/16 oz\$4/5

FRESH HOT DRIP
12 oz\$2

ELIXIRS

HAVEN KAVA\$7
w/Pineapple back

ENLIGHTENMENT\$7
Pathfinder Hemp & Root • Ginger Beer

WAKE TF UP SHOT\$3
Ginger • Turmeric • Lemon • Honey • Cayenne
Make it a drink (add ginger beer).....\$6

MANGO GINGER BLAST\$5
Mango Nectar • Ginger Beer

STONE AGE\$7
74 N/A Smoked Spirit • Apricot Nectar

FUEL YOUR BODY



FEED THE MOVEMENT

SMOOTHIES.....\$6.95

16 Oz, try with boosters!

HEAVY HITTER

Banana • Peanut Butter • PB2 • Vanilla Protein •
Honey Yogurt • ½ & ½ or Oat Milk

LADY PB&J

Mixed Berries • PB2 • Honey Yogurt • ½ & ½ or
Oat Milk

BLUE BEAST

Blueberries • Banana • Vanilla Protein •
Honey Yogurt • ½ & ½ or Oat Milk

PUMPKIN CHAI

Pumpkin Puree • Pumpkin Protein • Chai •
Honey Yogurt • ½ & ½ or Oat Milk

Upside Down

Pineapple • Peach • Pumpkin Protein • Honey
Yogurt • ½ & ½ or Oat Milk

Other Drinks

Apple Cider 12oz.....\$3
Hot Tea/Hot Cider/Hot Cocoa.....\$2
Soda (Lemon Lime, Cola, Diet Cola.....\$3

SOURDOUGH MELTS.....\$6.95

Served on grilled Seattle Sourdough

BREAKFAST MELT

Scrambled egg, Choice of
Ham or Turkey, Cheddar,
Mayo (9am-2pm only)

CHIPOTLE BEEF

Pepperjack, Light Mayo

TURKEY HAVARTI

Dill Mayo

TUNA & SWISS

Skipjack Tuna • Mayo • Dijon • Relish

HAM & CHIVE CHEDDAR

Choice of Apricot Pineapple
Preserves, Dijon or Mayo

CLASSIC THREE CHEESE

Cheddar • Chive Cheddar • Swiss

NUTELLA & CREAM CHEESE

Indulgent

TOASTIES.....\$4.95

Two slices of sourdough grilled toast with Cream Cheese and
self-serve seasoning bar.

Belgian Waffle.....\$5.95

6" Belgian waffle with maple syrup and whipped cream

Additional Toppings.....\$50

Caramel • Chocolate • Strawberry Sauce • Fresh
Banana Whipped Cream • Cream Cheese • Nutella
Adams Crunchy Peanut Butter • 4 Berry Preserves
Apricot-Pineapple Preserves

