

Seattle Restaurant Week Menu March 30-April 12

Gluten-free, dairy-free, egg-free, soy-free, peanut-free, tree nut-free, fish-free, shellfish-free, crustacean-free, sesame-free, corn-free, potato-free, mustard-free, celery-free, no xanthan/guar gums, no sunflower, no flax

**\$20+tax/serving includes your choice of beef or vegan patty burger with sweet potato fries +** donation to the SRW community giving campaign\*

## Hamburger:

Olsen Farm beef patty or vegan mushroom lentil patty on house-made bun with lettuce, tomato, ketchup, house-made vegan cheese optional

*Beef Patty:* Olsen Farm grass fed and finished 85/15 ground beef, sea salt, organic black pepper

*Vegan Patty:* organic crimini and shiitake mushrooms, red lentils, organic onion, organic extra virgin olive oil, organic buckwheat sourdough bread crumbs, chia seeds, Yoka Miso chickpea miso, mushroom powder, garlic powder, organic smoked paprika, organic black pepper, sea salt

Millet Teff *Bun:* organic millet flour, grape seed oil, ivory teff flour, sweet potato starch, organic tapioca starch, organic psyllium, yeast, salt

*Cheese:* organic coconut yogurt, hemp milk, organic tapioca starch, nutritional yeast, avocado oil, salt, organic paprika, onion powder, garlic powder, mushroom powder

## **Sweet Potato Fries**

*Sweet Potato Fries Ingredients:* organic Farias Farm (of Viva Farms) sweet potatoes, avocado oil, sweet potato starch, organic paprika, onion powder, garlic powder, organic oregano, sea salt, organic black pepper

## \*Community Giving

A portion of the proceeds from your SRW purchase will directly support Viva Farms. Viva Farms is a local nonprofit farm-business training and incubator organization with a 15-year history of success empowering the next generation of farmers through bilingual education and land access for beginning and historically underserved farmers and feeding Western Washington locally-grown organic food. Today, Viva Farms faces a severe loss of essential funding due to a funding freeze on previously awarded contracts by the federal government, yet they play a crucial role in our local food system.

Askatu Bakery by Liberated Foods 2209 4th Ave I Seattle WA 98121